

Bowlers Pro Shop

Fundraisers

Parties

Snack Bar



School/Class Trips

Specials Every Day

The Sports Bar

Tournaments

2025-2026 WINTER LEAGUES

Junior Leagues

Day	Time	League Name	Bowlers Per Team	League Type	Meeting Date & Time	Start Date
Wednesday	6:30 pm	Junior Scholarship	2	Fun/Competitive	9/3/2025	9/3/2025
Saturday	10:00 am	Junior Program	2	Instructional Competitive	9/20/2025	9/20/2025

Senior Leagues

Day	Time	League Name	Bowlers Per Team	League Type	Meeting Date & Time	Start Date
Monday	12:00 pm	Monday Seniors	4	Fun	9/8/2025	9/8/2025
Tuesday	12:00 pm	Tuesday Seniors	4	Fun	9/9/2025	9/9/2025

Leagues ~ Evening

Day	Time	League Name	Bowlers Per Team	League Type	Meeting Date & Time	Start Date
Thursday	7:00 pm	High Rollers	4	Competitive	Sept 4 th – 7:00 pm	Sept 4 th
Saturday	7:00 pm	1 st Saturday of the Month Mixed League	2	Fun	Sept 6 th – 7 pm	Sept 6 th
Saturday	7:00 pm	2 nd Saturday of the Month	2	Fun	Sept. 13 th – 7 pm	Sept 13 th
Saturday	7:00 pm	3 rd Saturday of the Month Spazztacular	4	Fun	Sept 20 th – 7:00 pm	Sept 20 th
Saturday	7:00 pm	4 th Saturday of the Month	4	Fun	Sept 27 th – 7:00 pm	Sept 27 th

Need more information? Call: 631-667-7750 or email us at: lou@strike10lanesdeerpark.com

Name: _____

Email: _____

Address: _____ City: _____

Phone: _____ League: _____

Strike 10 Lanes Deer Park

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